

SIZING GUIDE

Please use as a **guide** only. Sizes may vary from product to product. We strongly recommend that you try before you buy. For non-ladies specific items, sizing works as follows (approx): XXS=8. XS=10. S=12. M=14. L=16. XL=18. XXL=20. PFDS: XS=8. SM=10/12. LXL=14/16. XXL=18.

PFDS

Size	Sproglet	Sprog	XS	S/M	L/XL	XXL
Weight KG	12-25	20-40	30-50	45-70	65-90	85-110
Chest CM	50-60	55-65	70-100	80-110	90-120	100-130
Chest Inch	20-24	22-26	28-39	31-43	35-47	39-51
Uplift >N	40	50	45	55	55	70

PFDs Ladies

Size	10/12	14/16
Weight KG	45-70	65-90
Chest CM	80-110	90-120
Chest Inch	31-43	35-47
Uplift >N	55	65

Outerwear

Size	XXS	XS	S	M	L	XL	XXL
Chest CM	80-90	85-95	90-100	95-105	100-115	110-125	115-130
Chest Inch	31-35	33-37	35-39	37-41	39-45	43-49	43-51
Waist CM	60-70	65-75	70-80	75-85	80-90	85-95	90-100
Waist Inch	24-28	26-30	28-32	30-34	32-36	34-38	36-40
Inside Leg CM	60-70	65-75	70-80	75-85	80-90	85-95	85-95
Inside Leg Inch	24-28	26-30	28-32	30-34	32-36	34-38	34-38

Outerwear Ladies

Size	10	12	14
Chest CM	85-95	90-100	95-105
Chest Inch	33-37	35-39	37-41
Waist CM	65-75	70-80	75-85
Waist Inch	26-30	28-32	30-34
Hip CM	89-99	94-104	99-109
Hip Inch	35-39	37-41	39-43
Inside Leg CM	65-75	70-80	75-85
Inside Leg Inch	26-30	28-32	30-34

Kidz

Size Years	>4	>6	>8	>10	>12
Chest CM	55-65	65-75	70-80	75-85	80-90
Chest Inch	23-27	25-29	27-31	29-33	31-35
Waist CM	40-50	45-55	50-60	55-65	60-70
Waist Inch	16-20	18-22	20-24	22-26	24-28
Inside Leg CM	40-50	45-55	50-60	55-65	60-70
Inside Leg Inch	16-20	18-22	20-24	22-26	24-28

Footwear

Size UK	2	3	4	5	6	7	8	9	10	11	12
Size US	3	4	5	6	7	8	9	10	11	12	13
Size EU	34	35	36	37/38	39	40	41/42	43	44	45	46

Spraydeck Cockpits

Size	Mini	K1	C1	WR	Comp	Small	Keyhole	Bigdeck	Huge	XL
Length (cm)	62-70	71-79	60-68	59-67	80-88	79-87/td>	83-91	86-94	94-100	97-102
Width (cm)	34-40	39-45	50-56	38-44	42-48	43-49	48-54	48-54	53-57	52-57

Spraydeck Waists

Size	XS / Kidz	S	ML	XL
Waist CM	55-65	65-75	75-85	85-95
Waist Inch	22-26	26-30	30-34	34-38

Hands

Size	XS	SM	LXL	XXL
Length CM	16-18	17-19	18-20	19-21
Circumference CM	18-20	19-21	20-22	21-23

Headcase

Size	XS	SM	LXL
Length CM (ear to ear)	43-45	45-47	47-49
Length CM (front to back)	35-37	37-39	39-41
Circumference CM	47-49	50-52	53-55

Predator Helmets

Size	One Size	XS	SM	LXL
Circumference CM	54-62	51-57	52-59	54-63