# **TOP SIZES GUIDE**

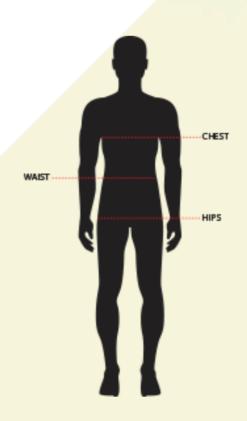
TOP	S	М	L	XL	UNITS
Chest	88-94	95-102	103-111	112-121	cm
Waist	76-82	83-90	91-99	100-109	cm
Нір	97-93	94-101	102-110	111-119	cm

### **HOW TO MEASURE**

CHEST Keeping the tape horizontal, measure around the widest part of your chest.

WAIST Keeping the tape horizontal, measure around the narrowest part of your waist.

HIPS Keeping the tape horizontal, measure around the widest part of your hips.



## **PANTS SIZES GUIDE**

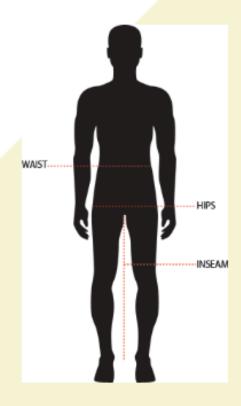
воттом	S	М	L	XL	UNITS
Waist	76 – 82	83 – 90	91 – 99	100 – 109	cm
Hip	87 – 93	94 – 101	102 – 110	111 – 119	cm
Inseam	81.5	82	82.5	83	cm

#### **HOW TO MEASURE**

WAIST Keeping the tape horizontal, measure around the narrowest part of your waist.

HIPS Keeping the tape horizontal, measure around the widest part of your hips.

INTERNAL STITCHING measure from the top of your leg along the internal stitching to the ankle



# **ELBOW SLEEVE SIZE CHART**

	S	М	L	XL	UNIT	
Elbow	24-27	28-31	32-35	36-39	cm	

## **HOW TO MEASURE:**

ELBOW CIRCUMFERENCE Measure around your elbow, keeping your arm bent at 45°.

